## Instruction

on the use of the dietary supplement "Donovit-VS" TU U 15.8-32205511-001-2003. Approved by the Ministry of Health of Ukraine No. 05.03.02-06/20986 dated May 27, 2003

**Dietary supplement (DD) "Donovit-VS"** (translated from Latin "Giving Life") is a unique active natural immune-strengthening agent with antiangiogenic, anti-inflammatory, radioprotective, antitoxic, antiarrhythmic and antioxidant properties.

## The composition and properties of the additive ingredients:

the main active ingredient is the alkaloids of Borca root at a dosage of 1.25 mcg in one tablet, which allows to delay the growth of tumors up to 70% -80%, provide effective anti-angiogenic, radiation-protective, anti-inflammatory, immuno-strengthening, antiarrhythmic and antitoxic effects. "Donovit-VS" is also intended for the prevention of inflammatory diseases of the bronchopulmonary system, the musculoskeletal system (mainly metabolic-dystrophic polyarthritis).
All other components: spirulina, ascorbic acid (vitamin C) are added to the tablet as a catalyst (alkaloid enhance), Jerusalem artichoke, milk sugar (lactose), calcium stearate as a filler for tablet formation.

"Donovit-VS" can be produced in any combination of the listed components. The difference is indicated on the label in the composition of the respective product.

**I. Recommendations for use as a dietary supplement to the diet** - as a source of natural biologically active components that improve the quality of life, normalize the functioning of the respiratory system, the musculoskeletal system and inhibit the development of neoplasms; have anti-angiogenic, immuno-strengthening, tonic and radioprotective properties.

**Dosage and method of application:** 1-3 tablets per day. The package contains 100 tablets. The course is one month 2 times a year, preferably in the autumn-spring period. It is desirable to take the supplement 15-20 minutes before meals or 1.5-2 hours after meals with ½ cup of warm boiled water. Resorption of the drug under the tongue can be done regardless of the meal.

#### **II.** The use of the Donovit-VS supplement to increase immunity during seasonal colds

Contributes to the normalization of the functioning of the broncho-pulmonary system, as well as in conditions requiring the use of immuno-fortifying agents - 3-4 tablets per day. The course is one month.

"Donovit-VS", having pronounced immuno-strengthening properties, affects the body as a whole. When taking the supplement, the body's working capacity, its protective properties increase, memory improves, resistance to diseases, including viral ones, increases. It is advisable to use "Donovit-VS" during influenza epidemics - 1 tablet 3 times a day.

**For the elderly for prevention in order to prolong and improve the quality of life** - 1-2 tablets 1 time per day. For 3 months once a year. Prevention is best to start in spring or autumn.

**For children,** the dose of the Donovit-VS supplement should be less than the average dose of an adult, depending on the age and weight of the child. Not recommended for children under 14 years of age.

#### III. The use of the Donovit-VS additive in case of increased radiation

Employees of nuclear power plants, Chernobyl victims, people involved in the disposal of nuclear waste, researchers working with elevated levels of radiation, radiologists - 2-3 tablets per day. Course for 50 days followed by repetition 2 - 3 times a year.

# IV. The use of the drug "Donovit-VS" in the complex treatment of cancer patients

It is necessary to pay attention to the fact that there is a cytostatic (stopping division) and anti-angiogenic (stopping the formation of blood vessels in the tumor) action. The use of the drug does not exclude surgery, radiation and chemotherapy. The best effect is achieved in complex treatment together with chemotherapy and / or radiation therapy. It is necessary to take pills as prescribed by a doctor, depending on the degree of the disease, the location of the tumor and the

cellular structure of the cancer. After the course of treatment, an objective control is necessary to assess the effectiveness of the drug.

**Oncological patients in the preoperative period for**: strengthening the immune system before surgery, slowing down the growth of the tumor, its "encapsulation" and suspension of metastasis - 2-3 tablets 3 times a day, depending on the weight of the patient. course for a month.

**Cancer patients in the postoperative period and during chemotherapy and / or radiation therapy** - 2-3 tablets 3 times a day, depending on the weight of the patient. Start taking 10 days before chemotherapy or radiation therapy and during chemotherapy. The course is 2-3 months after chemoradiotherapy.

**Cancer patients for the prevention of metastasis** - 2-3 tablets 3 times a day for a long time.

**Cancer patients of stage IV to reduce pain and slow down the growth of the primary tumor and the process of metastasis** - 3 tablets 3 times a day for a long time, depending on the patient's condition.

Contraindications: allergic reaction and individual intolerance.

### "Donovit-VS" is protected by Ukrainian and foreign patents.

It is not a medicinal product. However, taking 3 tablets at the same time according to the dose of alkaloid content has a therapeutic effect.

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